

Coaching Framework

GENCO COACHING

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Coaching Framework



- Clarifying Roles
- Explaining Coaching Process
- Verifying Client's Coachability
- Sharing how your niche and experience relevant to client's needs

First Session- Before Engagement

First Session – After Engagement

- Inquire into Client's Desired State of Wellness (DSW)
- Supporting the client to envision towards DSW
- Understanding long-term goals
- Drafting/Updating Coaching Agreement (CA)

- Coaching the client towards DSW and CA
- Understanding the client's needs per session and their relevance to CA

Follow up Sessions

Final Session – End of Engagement

- Reviewing progress
- Creating sustainment plans with the client
- Inquiring feedback
- Integrating the feedback to coach's growth

Coaching Session Framework

Process



Way of Being

