

Genco Method Somatic Approach to Coaching 2020 August 28 - October 3

Sat Aug 29, 2020

■ 10:30am - 12pm Energetic System (ES)

Calendar: Genco Method Somatic Approach to Coaching 2020 August 28 - October 3

Created by: Tijen Genco

Description:

Overview of subtle bodies, chakras, meridians, sefirot, and their relationship to well-being

Sun Aug 30, 2020

■ 10:30am - 12pm Somatic and Subtle Inquiry

Calendar: Genco Method Somatic Approach to Coaching 2020 August 28 - October 3

Created by: Tijen Genco

Description: Overview of techniques for Somatic and Subtle Inquiry

Wed Sep 2, 2020

■ 10:30am - 12pm Practicum - Mentor Sessions

Calendar: Genco Method Somatic Approach to Coaching 2020 August 28 - October 3

Created by: Tijen Genco

Sat Sep 12, 2020

■ 10:30am - 12pm Circulatory System (CS)

Calendar: Genco Method Somatic Approach to Coaching 2020 August 28 - October 3

Created by: Tijen Genco

Description: Overview of CS, and poses that support wellbeing of CS

Sun Sep 13, 2020

■ 10:30am - 12pm Respiratory System (RS)

Calendar: Genco Method Somatic Approach to Coaching 2020 August 28 - October 3

Created by: Tijen Genco

Description: Overview of RS, and poses that support wellbeing of RS

Wed Sep 16, 2020

■ 10:30am - 12pm Practicum - Mentor Sessions

Calendar: Genco Method Somatic Approach to Coaching 2020 August 28 - October 3

Created by: Tijen Genco

Sat Sep 19, 2020

■ 1pm - 2:30pm Digestive System (DS)

Calendar: Genco Method Somatic Approach to Coaching 2020 August 28 - October 3

Created by: Tijen Genco

Description: Overview of DS, and poses that support wellbeing of DS

Sun Sep 20, 2020

■ 10:30am - 12pm Urinary System (US)

Calendar: Genco Method Somatic Approach to Coaching 2020 August 28 - October 3

Created by: Tijen Genco

Description: Overview of US, and poses that support wellbeing of US

Genco Method Somatic Approach to Coaching 2020 August 28 - October 3

Wed Sep 23, 2020

10:30am - 12pm Practicum - Mentor Sessions

Calendar: Genco Method Somatic Approach to Coaching 2020 August 28 - October 3
Created by: Tijen Genco

Sat Sep 26, 2020

10:30am - 12pm Hormonal System (HS)

Calendar: Genco Method Somatic Approach to Coaching 2020 August 28 - October 3
Created by: Tijen Genco
Description: Overview of HS, and poses that support wellbeing of HS

Sun Sep 27, 2020

10:30am - 12pm Immune System (IS)

Calendar: Genco Method Somatic Approach to Coaching 2020 August 28 - October 3
Created by: Tijen Genco
Description: Overview of IS, and poses that support wellbeing of IS

Wed Sep 30, 2020

10:30am - 12pm Practicum - Mentor Sessions

Calendar: Genco Method Somatic Approach to Coaching 2020 August 28 - October 3
Created by: Tijen Genco

Sat Oct 3, 2020

10:30am - 12pm Muscular & Skeletal System (MSS)

Calendar: Genco Method Somatic Approach to Coaching 2020 August 28 - October 3
Created by: Tijen Genco
Description: Overview of MSS, and poses that support wellbeing of MSS

Sun Oct 4, 2020

10:30am - 12pm Brain & Nervous System (BNS)

Calendar: Genco Method Somatic Approach to Coaching 2020 August 28 - October 3
Created by: Tijen Genco
Description: Overview of BNS, and poses that support wellbeing of BNS

Wed Oct 7, 2020

10:30am - 12pm Practicum - Mentor Sessions

Calendar: Genco Method Somatic Approach to Coaching 2020 August 28 - October 3
Created by: Tijen Genco

Sat Oct 10, 2020

10:30am - 12pm Reproductive System (RPS)

Calendar: Genco Method Somatic Approach to Coaching 2020 August 28 - October 3
Created by: Tijen Genco
Description: Overview of PRS, and poses that support wellbeing of RPS

Sun Oct 11, 2020

10:30am - 12pm Mind and Emotions (ME)

Calendar: Genco Method Somatic Approach to Coaching 2020 August 28 - October 3
Created by: Tijen Genco
Description: Overview of ME, and poses that support wellbeing of ME

Genco Method Somatic Approach to Coaching 2020 August 28 - October 3

Wed Oct 14, 2020

■ 10:30am - 12pm Practicum - Mentor Sessions

Calendar: Genco Method Somatic Approach to Coaching 2020 August 28 - October 3

Created by: Tijen Genco

Sun Oct 18, 2020

■ 10:30am - 1:30pm Practicum - Case Study Presentations

Calendar: Genco Method Somatic Approach to Coaching 2020 August 28 - October 3

Created by: Tijen Genco

Description: Case study presentations